

Executive and Leadership Coaching

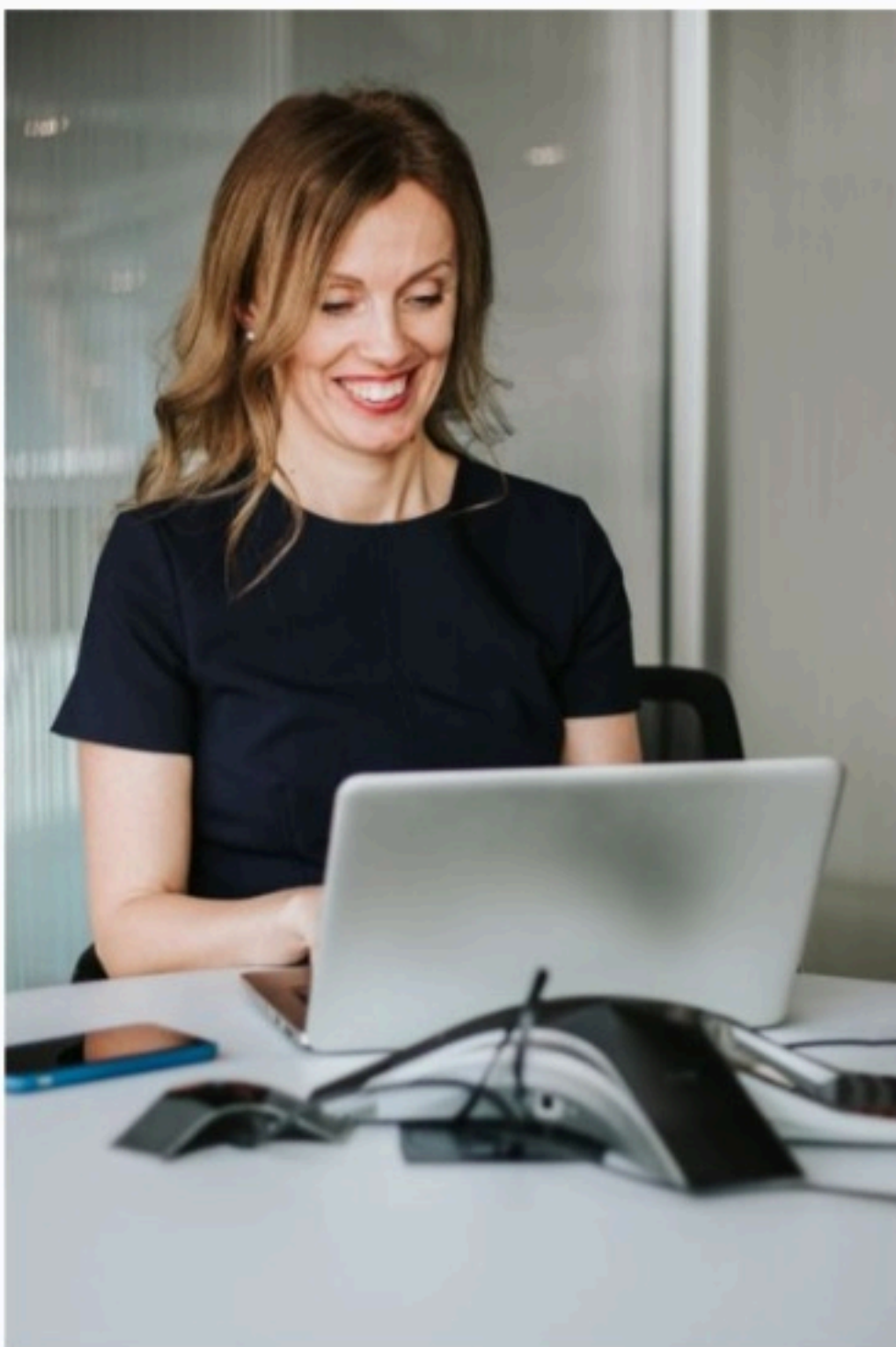
Empowering Queensland Government Leaders - SOA QED106598

Coaching Fundamentals

Coaching is a transformative process designed to unlock leaders' full potential, helping them lead with greater impact. While leadership training focuses on skill acquisition, coaching goes deeper by fostering personal insights, driving behavioural change, and supporting long-term growth. It provides a confidential, dynamic partnership where leaders set meaningful goals, supported by a coach who applies proven behavioural science techniques to remove barriers and enable lasting progress.

Leadership Coaching is ideal for leaders at all levels, from emerging and first-level leaders to mid-level and business unit leaders. This personalised development process sharpens leadership effectiveness by refining both mindset and behaviour, allowing leaders to elevate their impact within their teams and organisations.

Executive Coaching takes a more strategic approach, focusing on complex decision-making, organisational transformation, and enhancing executive presence. It offers a confidential space for leaders to refine their leadership style, address high-level challenges, and align personal and organisational goals while leading significant, large-scale change.



Coaching Benefits

Research shows that leaders who receive coaching experience numerous benefits, including:

- Being viewed as significantly more effective
- Improved critical thinking skills
- Accelerated personal development
- Leading teams with better performance
- Greater self-awareness and job satisfaction
- Enhanced time management and organisational skills
- Developed leadership presence
- Improved self-confidence
- Ability to build well-functioning teams
- Increased resilience
- Better decision-making
- Enhanced organisational leadership performance
- Support for sustainable organisational change
- Increased emotional intelligence and self-awareness
- Enhanced strategic aptitude

Coaching Goals Examples

- Build strong teams and resilient organisations
- Foster collaboration and positive relationships
- Improve communication, influence, and negotiation skills
- Manage conflict and handle difficult conversations
- Align people with the organisation's vision, mission, and goals
- Make informed and effective decisions
- Support the development and growth of others
- Build and strengthen your personal leadership brand
- Enhance emotional intelligence for better leadership
- Give feedback and manage performance effectively
- Set goals and ensure accountability
- Lead through change and uncertainty
- Increase team and organisation motivation and engagement
- Work effectively in complex, matrix organisations
- Build and manage professional networks
- Shape strategy and think strategically
- Achieve a healthy work-life balance



Our Advantage

- An intuitive digital coaching platform with built-in video calling and a wealth of features for seamless global access.
- A smartphone app for continuous, uninterrupted access.
- Coaching programs based on world-leading best practices, rooted in coaching psychology and behavioural science.
- Coaches with the highest industry accreditations.
- An optional AI coach, trained in a proven coaching framework.
- Customised coaching programs tailored to meet individual and organisational needs.
- Curated resources and micro-learning content to enrich the coaching experience.
- Comprehensive metrics to monitor growth and measure outcomes.
- A proprietary behavioural survey providing evidence-based insights.
- Global security standards ensuring confidentiality, data protection, and security, safeguarding all personal and organisational information.

Coaching Programs

Leadership Coaching 3-Mon



- Unlimited 45-min 1:1 sessions with a leadership coach over 3 months.
- Tailored behavioural survey at the start and the end.
- Resources for emerging and mid-level leaders.
- Suitable for emerging leaders, team leaders, program leaders or directors.
- \$2,900 + GST per person.

Leadership Coaching 6-Mon



- Unlimited 45-min 1:1 sessions with a leadership coach over 6 months.
- Tailored behavioural survey at the start and the end.
- Resources for emerging and mid-level leaders.
- Suitable for emerging leaders, team leaders, program leaders or directors.
- \$4,200 + GST per person.

Executive Coaching 3-Mon



- Unlimited 60-min 1:1 sessions with an executive coach over 3 months.
- Tailored executive-level behavioural survey at the start and end.
- Curated resources for senior leaders.
- Suitable for executives, department leaders or C-suite.
- \$5,000 + GST per person.

Executive Coaching 6-Mon



- Unlimited 60-min 1:1 sessions with an executive coach over 6 months.
- Tailored executive-level behavioural survey at the start and end.
- Curated resources for senior leaders.
- Suitable for executives, department leaders or C-suite.
- \$6,500 + GST per person.

Cohort Enrolment

1. The business unit sets the overall program objectives for the cohort, defining the desired outcomes and duration, typically spanning 3, 6, or 12 months, including the number and length of coaching sessions.
2. The business unit selects 12 leadership competencies from a pool of 40 for a tailored behavioural survey, which is administered to participants and observers at the beginning and end of the coaching program.
3. Participants use the platform to select a coach, set focus areas, schedule and conduct video sessions, access resources, monitor progress, and use other features designed for busy professionals.
4. The business unit receives anonymised progress updates throughout the program, as well as a comprehensive anonymised final report, enabling a thorough assessment of return on investment.

Contact us at qldgov@coachingcentre.com.au to start the conversation about coaching for your business cohort. Cohorts range from 4 to 100 participants.

*Please note that all pricing is subject to change without prior notice; however, pricing will be honoured on the day of enrolment or for 30 days from the date of initial inquiry.

ENQUIRIES

Individual Enrolment

1. Candidates must gain their manager's approval before selecting 'Book Now' to reserve their place in a cohort.
2. The behavioural surveys are based on the Leadership Competencies for Queensland and tailored to two levels of leadership: emerging and mid-level.
3. Upon enrolment, participants can access the coaching platform to select a coach, schedule and conduct sessions, access resources, monitor progress, and utilise other features designed to support their development.

	Program Start	Program Finish	Registration Deadline	...
Emerging Leaders: 3 Months Coaching	10/03/2025	6/06/2025	1/03/2025	Book Now
Emerging Leaders: 6 Months Coaching	10/03/2025	5/09/2025	1/03/2025	Book Now
Mid-Level Leaders: 3 Months Coaching	17/03/2025	13/06/2025	1/03/2025	Book Now
Mid-Level Leaders: 6 Months Coaching	17/03/2024	12/09/2025	1/03/2025	Book Now

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